

RainyCamp 2018 Menu

\*Winter Menu

	Friday	Saturday	Sunday
Breakfast		Biscuits/Gravy	Cinnamon Rolls
		Scrambled Eggs	Egg Scramble
		Tater Tots	Cheesy Tots
		Bacon	Fruit/Yogurt
		Butter/Jelly	Mandarin Oranges
		Fruit/Yogurt	Pineapples/Peaches
		Cereal/ Milk	Cereal/ Milk
		<b>GLUTEN FREE MENU</b>	<b>GLUTEN FREE MENU</b>
		<i>Gluten Free FT</i>	<i>Gluten Free Pancake</i>
		<i>Scrambled Eggs</i>	<i>Egg Scramble</i>
		<i>Tater Tots</i>	<i>Yogurt</i>
		<i>Bacon</i>	<i>Fruit</i>
		<i>Butter/Jelly</i>	<i>Cereal/ Milk</i>
		<i>Fruit/Yogurt</i>	<i>Gluten Free Muffins</i>
		<i>Cereal/ Milk</i>	
		<i>Gluten Free Muffins</i>	
		<b>DAIRY FREE MENU</b>	<b>DAIRY FREE MENU</b>
		<i>DF French Toast</i>	<i>DF French Toast</i>
		<i>Scrambled Eggs</i>	<i>Scrambled Eggs</i>
		<i>Tots</i>	<i>Tots</i>
	<i>Bacon</i>	<i>Bacon</i>	
	<i>Fruit</i>	<i>Fruit</i>	
	<i>Cereal/ Almond Milk</i>	<i>Cereal/ Almond Milk</i>	
Lunch		Baked Potatoes	Pizza
		BBQ Chicken Wings	Pepperoni/Cheese
		Sour Cream/Cheese	Veggie/Meat Lovers
		Bacon/Butter	BBQ Chicken
		Chili	or Hawaiian
		Broccoli/Tomato	Salad Bar
		Cucumber/Carrot	Fruit
		<b>GLUTEN FREE MENU</b>	<b>GLUTEN FREE MENU</b>
		<i>Baked Potatoes</i>	<i>Gluten Free Pizza</i>
		<i>BBQ Chicken Wings</i>	<i>Pepperoni/Cheese</i>
		<i>Sour Cream/Cheese</i>	<i>Salad Bar</i>
		<i>Bacon/Butter</i>	<i>Fruit</i>
		<i>Broccoli/Tomato</i>	
		<i>Cucumber/Carrot</i>	
		<b>DAIRY FREE MENU</b>	<b>DAIRY FREE MENU</b>
		<i>Baked Potatoes</i>	<i>Dairy Free Pizza</i>
		<i>BBQ Chicken Wings</i>	<i>Veggie/Meat</i>
		<i>Chili</i>	<i>Peppers/Tomato</i>
		<i>Broccoli/Tomato</i>	<i>Salad Bar</i>
		<i>Cucumber/Carrot</i>	<i>Fruit</i>
Dinner	Spaghetti Meat Sauce	Tacos	<b>*Subject to adjust/change</b>
	Roasted Veggies	Corn/Flour Tortilla	
	Tossed Salad	Cheese/Lettuce	
	Spinach Salad	Sour Cream	
	Bread Sticks	Guac/Olives/Jalapeno's	
	<b>GLUTEN FREE MENU</b>	<b>GLUTEN FREE MENU</b>	
	<i>Spaghetti Meat Sauce</i>	<i>Tacos</i>	
	<i>Gluten Free Pasta</i>	<i>CornTortilla /Chips</i>	
	<i>Roasted Veggies</i>	<i>Cheese/Lettuce</i>	
	<i>Tossed Salad</i>	<i>Sour Cream</i>	
	<i>Spinach Salad</i>	<i>Guac/Olives/Jalapeno's</i>	
	<b>DAIRY FREE MENU</b>	<b>DAIRY FREE MENU</b>	
	<i>Spaghetti Meat Sauce</i>	<i>Tacos</i>	
	<i>Roasted Veggies</i>	<i>Corn/Flour Tortilla</i>	
	<i>Tossed Salad</i>	<i>Salsa/ Lettuce</i>	
<i>Spinach Salad</i>	<i>Guac/Olives</i>		
<i>Bread Sticks</i>	<i>Jalapeno's</i>		